Indulge and rejuvenate.

The Buffalo Club's exclusive and private Spa 388 provides the quintessential health and wellness experience. The menu of full services includes facials, microdermabrasion, body treatments, waxing, nails, massage and full-service hair salon and barbershop.

HOURS  Mon., Tues.: 9-6 p.m.; Wed., Thu., Fri.: 9-7 p.m.; Sat.: 9-4 p.m.
APPOINTMENTS  716-335-7743

APPOINTMENTS
To ensure a preferred therapist or treatment is available, we encourage you to schedule appointments in advance. Same day appointments and walk-in appointments are welcome and based on availability.

CUSTOMIZED PRIVATE SPA PARTIES
Available for 4 or more. Get together groups of friends, guests, wedding parties and special events. Requires additional lead time. Call 335-7743.

CANCELLATIONS
12 hours notice required for cancellations or rescheduled appointments. Cancellations or rescheduled appointments inside the 12-hour period are charged the full service fee.

GRATUITY
For your convenience, a 20% gratuity is added to each spa service. Additional gratuity is at your discretion and can be arranged at the spa desk.

ARRIVAL
We recommend arrival at least 30 minutes prior to treatment time so that you can enjoy spa facilities – dry sauna, steam room, relaxation lounge. Your appointment times are booked back to back and therefore not flexible. Late arrival impedes your full treatment time.

CONSENT FORMS
For your comfort and safety you will need to complete consent forms for your first-time massage and esthetics services. If you are – or suspect you are – pregnant, please notify your service provider before treatment begins.

SERENITY
The spa environment is tranquil and requires soft conversation to respect those having services. Use of pagers, cell phones and other electronic devices in the spa is prohibited. Tours are available upon request.

RETAIL PURCHASES
All unopened retail purchases may be returned within 30 days of purchase.

AGE LIMITATIONS
Persons under 18 require a waiver signed by a parent/guardian who is present during treatment. Salon and Barber services for ages 4-14 must have a parent/guardian present during the entire service.

GIFT CERTIFICATES
Gift certificates must be presented at time of service to use toward services and/or retail purchases. Gift certificates do not expire.

CREDIT CARDS
MasterCard and VISA are accepted.
### Salon Services

#### COLOR SERVICES WITH BLOW DRY
All corrective color services require a consultation prior to the day of service.

- Partial Foil .......................................................... $120
- Color Retouch ......................................................... $80
- Color Retouch w/ Partial Foil ................................... $140
- Full Foil ................................................................. $140
- Full Head Color ....................................................... $95
- Full Head Color w/ Partial Foil ................................. $160
- Additional Color (per bowl) ..................................... $20

#### COLOR SERVICES WITH HAIRCUT

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Partial Foil</td>
<td>$135</td>
</tr>
<tr>
<td>Color Retouch</td>
<td>$95</td>
</tr>
<tr>
<td>Color Retouch w/ Partial Foil</td>
<td>$155</td>
</tr>
<tr>
<td>Full Foil</td>
<td>$155</td>
</tr>
<tr>
<td>Full Head Color</td>
<td>$115</td>
</tr>
<tr>
<td>Full Head Color w/ Partial Foil</td>
<td>$185</td>
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</tbody>
</table>

#### SALON TREATMENTS

**Glossing Treatment**: Seals your hair with a lasting shine for up to six weeks.
- Full service with blow dry .......................... $60
- Add to any service .................................... $30

**Deep Conditioning Treatment**: Transforms dry, damaged hair into soft, healthy hair. Includes relaxing scalp massage.
- Full service with blowdry ......................... $60
- Add to any service .................................... $30

#### HAIRCUTS

<table>
<thead>
<tr>
<th>Style</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women's Haircut and Style</td>
<td>$45</td>
</tr>
<tr>
<td>Bang Trim</td>
<td>$10</td>
</tr>
<tr>
<td>Young Woman's Haircut (Ages 9-13)</td>
<td>$35</td>
</tr>
<tr>
<td>Little Lady Salon Cut (Up to 8)</td>
<td>$20</td>
</tr>
</tbody>
</table>

Shampoo and Style ................................ $35
Special Occasion Updo Styling ................ $65
Curling (add on to any salon service) ...... $15
Flat Iron (add on to any salon service) .... $15

#### BRIDES

- Bridal Style (includes hairpiece and veil placement) .................. $85
- Blushing Bride Package (includes trial, wedding day style and hairpiece/veil placement) $160

### Barbershop

- Buffalo Club Cut and Shave Combo .................. $40
- (Shampoo, haircut and hot lather straight razor shave)
- Men's Haircut with Shampoo .......................... $30
- Men's Haircut ............................................. $25
- Young Man's Barber Cut (ages 9 and under) ...... $20
- Men's Express Chair Facial (20 mins.) (By esthetician in barbershop) $25
- Beard Trim .................................................. $8
- Neck Shave .................................................. $5
- Stimulating Scalp Treatment with Massage ...... $15
- Hot Towel & Lather Face Shave .................... $20

### For the Body

- Underarms .................................................. $25
- Chest ......................................................... $30
- Stomach ...................................................... $25
- Brazilian .................................................... $70
- Half Arm ...................................................... $30
- Full Arm ..................................................... $55
- Half Back ................................................... $35
- Full Back .................................................... $60
- Bikini ......................................................... $30
- Extreme Bikini ............................................ $40
- Half Leg ...................................................... $30
- Full Leg ...................................................... $85

### For the Face

- Brow Design ............................................... $18
- Brow Tint with Vegetable Dye ....................... $20
- Brow Design/Tint Special ............................. $35
- Brow Design/Lip Wax Special ....................... $25
- Lip Wax ....................................................... $10
- Nose Wax .................................................... $10
- Lip/Nose Wax Special ................................... $16
- Chin Wax ...................................................... $12
- Cheek Wax .................................................. $16
- Full Face Wax .............................................. $45

### EYELASH EXTENSIONS/SETS

- Natural ....................................................... $150
- Full ............................................................. $200
- Glamour ....................................................... $250
- Trial ............................................................ $60
- Removal ....................................................... $40

### EYELASH FILLS

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Week 2</th>
<th>Week 3</th>
<th>Week 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>$40</td>
<td>$60</td>
<td>$80</td>
<td>$100</td>
</tr>
</tbody>
</table>

*If more than 50% of lashes are gone, service will be “Natural” charge at $150*
SPA 388 SIGNATURE FACIAL
60/75 minutes – $90/$110
Customized to address specific skincare needs and goals. Skin analysis sets the path for deep cleansing, exfoliation, serum, masque and facial massage for toning and lifting.

GENTLEMEN’S RETREAT
60/75 minutes – $90/$110
Designed exclusively for men, this exfoliating and toning treatment will soothe and hydrate the skin. Includes an invigorating scalp massage.

BACK FACIAL
30 minutes – $50
A professional treatment for the hardest to reach area on the body – a deep cleanse, exfoliation, extractions (if needed), masque, hydration and relaxing massage. The perfect post-workout treatment!

TEEN FACIAL
30 minutes – $50
Our highly skilled estheticians are here to educate your teen about the importance of skincare. This deep cleansing facial is fun, educational and totally customized. (Extractions are included.)

SPA 388 MICRO PEEL
75 minutes – $165
Treatment combines the resurfacing benefits of DiamondTome microdermabrasion with organic Arctic Berry Peel and Peptide treatment for a radiant complexion. Please refrain from any facial waxing within 48 hours of service.

ARCTIC BERRY PEEL AND PEPTIDE TREATMENT
60 minutes – $105 • Series of 4 – $380
Voted “Best Organic Peel.” Dual-action treatment combines manual and enzymatic exfoliation while anti-aging peptides and antioxidants. Plumps and firms.

Arctic Berry Enhancements
  Blueberry Detox Treatment - $20
  Lime Treatment - $20
  Paprika Treatment - $20

GLYCOLIC ACID 33% PEEL
60 minutes – $105 • Series of 6 – $600
Achieve visible results from just one treatment. Exfoliating epidermal cells, this alpha hydroxy acid peel refines skin texture, unclogs pores and reduces hyperpigmentation. Please refrain from any facial waxing within 48 hours of service.

DIAMOND TOME MICRODERMABRASION
60 minutes – $105 • Series of 6 – $600
A deep exfoliation treatment that removes the top-most layer of dead skin cells for renewed suppleness and vibrancy. Treatment is non-invasive, pain free and requires no downtime. For maximum results, a series is recommended to address scarring and hyperpigmentation (face or back.) Please refrain from any facial waxing within 48 hours of service.

THE ULTIMATE TRIFECTA
90 minutes – $195
We’ve raised the stakes by combining our most powerful modalities into one comprehensive facial. This trinity combines microdermabrasion, our exclusive Intraceuticals Oxygen facial and award winning Eminence Organics to reveal your most radiant self. Please refrain from any facial waxing within 48 hours of service.

Choose from one of the following treatments:

Glow: Reveal smoother skin texture and tone, along with boosted collagen production. Featuring the Opulence line from Intraceuticals and Bright Skin from Eminence Organics.

Purity: Combat both adolescent and hormonal acne. Reveal smoother skin, treat problem spots and prevent future breakouts. Featuring the Clarity line from Intraceuticals and a combination of our Eight Greens and Clear Skin lines from Eminence Organics.

Firm: Dramatically decrease fine lines and wrinkles while boosting collagen production. Featuring the Rejuvenate line from Intraceuticals and the Firm Skin line from Eminence Organics.

TREATMENT ENHANCEMENTS
Add any of these treatments on to your skin care service.
  Eminence Ultra Lift Treatment - $15
  Intensive Lip Treatment - $15
  Intensive Eye Treatment - $15
  Intensive Lip and Eye Treatment - $25
  Atoxelene Treatment (No-tox Botox) - $40
  Clarity Treatment (Acne) - $40
  Opulence Treatment (Brightening) - $44
  Rejuvenate Treatment (Hydrating) - $40
Express Services

“ON THE GLO” EXPRESS FACIAL
25 minutes – $40
Includes all the essentials to achieve a radiant complexion in half the time.

MICRODERM EXPRESS FACIAL
35 minutes – $75
A non-invasive, pain free, deep exfoliation treatment. Please refrain from any facial waxing within 48 hours of service.

INTRAUTECUTIALS OXYGEN FACIAL
45 minutes – $95
Series of 3 – $285 • Series of 6 – $570
Originating in Australia, this revolutionary facial treatment incorporates purified oxygen, specialized serums and hyaluronic acid layering technique to enhance circulation and cellular regeneration. Achieve results that last up to 7 days and can be maintained with a home care regimen.

Rejuvenate Treatment
This skin quenching treatment provides the ultimate in intense hydration. Perfect for all skin types, the Rejuvenate Serum contains vitamins and antioxidants that dramatically lift, tone and hydrate the skin.

Opulance Treatment
Reveal a more radiant you! The Opulance Treatment combines botanical brighteners and super concentrated Vitamin C to brighten and balance dull, uneven skin tone. Pigmentation is minimized, leaving your skin luminous, toned and more radiant.

Clarity Treatment
Refines the appearance of problem prone skin with the ultimate weapon against impurities and irritation. The Clarity Treatment clears oil build up, leaving skin clarified and refined.

ORGANIC BODY TREATMENTS

Blueberry Soy Body Slimming Wrap and Express Facial 90 minutes – $140
An antioxidant and detoxifying blend of blueberries, green tea, black tea, guava leaf and grapefruit seed extract. Tightens, sculpts and tones skin to reduce the appearance of cellulite. Enjoy an express facial simultaneously. After showering you’ll return to the treatment bed for a hydrating massage. Please refrain from shaving or tanning on the day of treatment.

Everyday Packages

DiamondTome Microdermabrasion
60 minutes – Series of 6 – $600 (reg. $105)
A non-invasive, pain free, deep exfoliation treatment. Choose face or back. (Please refrain from any facial waxing within 48 hours of service.)

Arctic Berry Peel and Peptide Treatment
60 minutes – Series of 4 – $380 (reg. $105)
Voted “Best Organic Peel”. Dual-action treatment plumps and firms.

Princess Hair and Nail Package
Little Ladies Haircut, Fairytale Fingers and Toes (Ages 4-10) 70 minutes – $42

Young Ladies Hair and Facial Package
Haircut, Facial (Ages 11-14) 75 minutes – $64

Facial and Pedi
Signature Facial and Signature Pedicure 110 minutes – $120

Hair and Express Mani
Shampoo, Style and Express Manicure 75 minutes – $44

Gentlemen’s Packages
Men’s Haircut and Express Chair Facial 50 minutes – $36

Swedish Massage and Gentlemen’s Manicure 85 minutes – $80

Mani-Pedi Signature Package
Signature Manicure and Signature Pedicure 105 minutes – $76

Mani-Pedi Express Package
Express Manicure and Express Pedicure 60 minutes – $48

Mani-Pedi Gel/Polish Package
Gel Manicure and Signature Pedicure 120 minutes – $84

Gel Manicure and Express Pedicure 90 minutes – $64

Spa Appreciation

BLOWOUTS – Buy 6 blowouts, get one free.
BROWS – Buy 6 brow design waxes, get one free.
MANIS – Buy 6 express manicures, get one free.

Based on schedule availability. Club 20% gratuity policy will apply on value of free treatment.

Please note 20% gratuity of regular pricing will be added on to packages. No substitutions on packages.
**SWEDISH MASSAGE**
60 / 90 minutes • $80 / $110
A perfect way to unwind and soothe tense, sore muscles. This relaxing full body massage increases circulation and relieves stiffness.

**DEEP TISSUE MASSAGE**
60 / 90 minutes • $90 / $120
Concentrates on deeper layers of muscle tissue, tendons and fascia in the body. Therapists use deep pressure with slow, firm strokes to treat physical ailments including chronic muscle tension.

**HOT STONE MASSAGE**
75 minutes • $125
Utilizes heated basalt stones as an extension of the therapists hands to dissolve deeper muscle tension and increase circulation.

**PRENATAL MASSAGE**
60 minutes • $85
What better a time to absorb the benefits of therapeutic massage. Therapists take extra care in monitoring your comfort, using our specialized maternity body support system.

**SPOT MASSAGE**
30 minutes • $45
A condensed version of the Swedish massage targeting one area of the body to ease discomfort and release tension.

**COUPLES MASSAGE**
Couples Swedish • 60 / 90 minutes • $160 / $220
Couples Deep Tissue • 60 / 90 minutes • $180 / $240

**Shea Butter Wrap**
80 minutes • $100
A deep relaxation massage treatment. Shea butter is applied to the body, client is then wrapped in soft sheets and a thermal blanket. While snuggled in a warm cocoon, enjoy a relaxing scalp and face massage.

Choose from the following scents:
- **The Royal Treatment** ~ Frankincense and Myrrh
- **Seasonal Blend** ~ Aromas of the Season
- **Relaxation** ~ Lavender & Chamomile
- **Sore Muscle** ~ Lavender, Lemongrass, Peppermint, Rosemary and Wintergreen

**REIKI**
30 / 60 minutes • $45 / $80
Reiki is an ancient form of healing known for restoring and bringing balance to the body, mind and spirit. Your therapist acts as a channel to bring this energy to a person with the intention of healing. The service is performed by a gentle laying of the hands with the client fully clothed. You will leave with a deep sense of relaxation and a sense of well being.

**CUPPING**
Pricing per consult as add-on: starting at $15.
Eliminates inflammation and toxins held deep within joints and muscle tissues. Working the tissues in the direction of lymph flow removes stagnation and brings fresh blood to heal the area. This treatment is used for a variety of ailments including, sports injuries, muscle and joint pain, bronchial issues and fluid retention. Please provide feedback during treatment on your level of comfort.

**SINUS TREATMENT** • $10
Sinus massage with a warm moist compress infused with eucalyptus, peppermint and melaleuca (tea tree) oils to help relieve flu like symptoms, soothe and help heal irritated sinuses.

**KINESIOLOGY TAPING** • $15 +
A definitive rehabilitative taping technique that is designed to facilitate the body’s natural healing process. Provides support and stability to muscles and joints without restricting to the body’s range of motion, as well as providing extended soft tissue manipulation.
### Nails

**Spa 388 Signature Manicure**
45 minutes • $35
Nurturing and exfoliating signature treatment including a warm lotion treatment to nourish and hydrate. Includes a relaxing hand and arm massage, with your choice of OPI or Vinylux long-wear polish.

**Spa 388 Gel Manicure**
45-60 minutes • Application only $40, Remove/Reapply $45. Includes nail trimming and shaping, cuticle care, scrub and long lasting Gelish polish for lasting results.

**Gentleman’s Manicure**
35 minutes • $30
This softening treatment includes our relaxing warm lotion treatment, nail trimming and shaping, cuticle work and a stress relieving hand massage. Leave nails natural or buffed.

**Express Manicure**
30 minutes • $25
For demanding schedules experience our fast nail trimming and shaping followed by a hand massage and choice of polish.

**Express Gel Polish**
30 minutes • Application only $30, Remove/Reapply $35. For demanding schedules experience our fast nail removal, buff and polish application.

**Fairytale Fingers**
$15 • ages 4-10
A light-hearted and fun approach to pampering a little princess. Nails are shaped followed by a light hand massage. The polish of her choice will put a smile on her face.

**Add Ons To Any Nail Service**
- French Polish .........................................................$8
- Gel French Polish ...................................................$10
- Gel Polish Removal on Feet .....................................$15
- Gel Polish Removal on Hands ..................................$10
- Polish Change on Hands .........................................$10
- Polish Change on Feet ...........................................$12
- Silk Nail Repair .........................................................$3 per nail
- Leg Masque ............................................................$10

**Spa 388 Signature Pedicure**
60 minutes • $60
This signature treatment begins with a relaxing foot soak. Thorough nail and cuticle work, softening callus treatment, a rejuvenating foot scrub with leg massage, masque, hot towels and the polish of your choice will get you ready to paint the town red.

**Spa 388 Gel Pedicure**
60 minutes • Application only $64, Remove/Reapply $70. Includes nail trimming and shaping, cuticle care, scrub, plus long lasting Gelish polish cured using an LED lamp for lasting results.

**Gentleman’s Pedicure**
40 minutes • $45
This restorative treatment includes nail trimming and shaping, cuticle and callous work, and a stress-relieving foot scrub with massage. Nails can be left natural or buffed to a shine.

**Traditional Pedicure**
45 minutes • $45
This classic treatment will give you what your feet need. We trim your nails and cuticles, work on callouses, exfoliate and give you a relaxing massage. OPI or Vinylux polish of your choice.

**Express Pedicure**
30 minutes • $35
Treat your tired feet to a refreshing pick-me-up! Soak in a whirlpool bath, nails are trimmed and shaped. Exfoliation and a massage will put the kick back in your step.

**Fairytale Toes**
$20 • ages 4 - 10
Feet are soaked in a fragrant whirlpool bath, then nails are trimmed and shaped. A gentle exfoliation is followed by a light massage. Polish is applied to make her Cinderella experience complete.
Escape to a resort retreat...right in your own backyard.

A visit to the Buffalo Club’s exclusive Spa 388 is the resort spa experience you need, without the hassle of traveling out of town. Enjoy all the services you like and stay for the day, or stay overnight.

Gather your girlfriends, business associates, even your book club. No need to wait for a special occasion to have an amazing and relaxing experience at the Buffalo Club's one-of-a-kind spa. Indulge in services and even enjoy a meal, sip some champagne, all while relaxing in a comfy robe in the privacy of the Ladies’ lounge. Make a day out of it – you deserve it!!

To create a special group spa experience
1. Just gather your girlfriends
2. Book the date
3. Pick your services
4. Choose your indulgences

Advance reservations are necessary.
Call 716.335.7743.

Group Spa Packages
Minimum 4 ladies • Enjoy 20% off 2 or more treatments per person and 20% off hotel room rates.

Group Food and Beverage Indulgences
We have a variety of menu items that we can offer your group.
Please inquire with our Spa 388 reservationists.

Spa 388 is located within The Buffalo Club, 388 Delaware Avenue, Buffalo, New York 14202 thebuffaloclub.org